## References

## Statewide Transportation, Distribution, and Logistics Curriculum: Introduction to Post-Secondary Module

## References

*Implementing Heart Smart for Women*, Coping With Stress, Week 11, Page 5, The Cooper Institute, 2002.

*i-Pathways* – online learning curriculum designed to help those seeking their GED<sup>®</sup> credential prepare for the GED Tests (2011). http://www.i-Pathways.org/

Making Case Management Work—Empowering People for Change, Planning My Time, Appendix B-5, page 248-249, Beverly Ford, PhD, 2002.